

# The Rising Tide: Learning from Sexual Misconduct Complaints

*June 23, 2022 12:00 pm – 1:00 pm*

Presenter: Susan Paul, CPTBC Manager, Professional Practice

[Register / Access Recording](#)

The College has seen an increase in the number of sexual misconduct complaints in recent years. While there are various theories on why there is an uptick in the volume of sexual misconduct complaints in many Colleges, this webinar will provide valuable information for registrants to better understand the client perspective and, consider how our education and training may desensitize us to sensitive practices. This webinar aims to help PTs to better understand issues that come to the attention of the College that might be mitigated by clear communication, seeking appropriate consent and, considering how our education and training may impact our worldview.

## **About Susan Paul**

Susan is the Manager of Professional Practice at CPTBC. Susan was educated as a physical therapist and is the longest serving staff member (since 2002). In addition to working at the CPTBC, Susan continues to practice clinically and has a clinical faculty appointment at UBC where she is involved in teaching professional practice issue to first year MPT students.

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# Professional Liability Insurance Requirement Webinar

*April 14, 2021 8:00 am – 9:00 am*

Presenters: Maggie Green, Managing Director, BMS Canada; Chris Smerdon, CPTBC Manager, Registration and Quality Assurance

[Register / Access Recording](#)

Professional Liability Insurance FAQ

The College has been concerned for some time with registrants' compliance with Bylaw 82 on Professional Liability Insurance (PLI). The College Board of Directors has made the decision that all registrants, regardless of employment setting, will be

required to hold private, individual professional liability insurance. This webinar will look at the purpose and uses of PLI and will explain the reasons behind the new policy.

### **About Maggie Green**

Maggie is the Managing Director of BMS Canada, a specialist broker that provides insurance coverage and risk management services to healthcare and regulated professionals across Canada and globally. Working collaboratively with legal, and insurance partners, Maggie and the BMS team evaluate the risk exposures specific to health care providers, including over 40,000 physical therapists, PTAs, and students across Canada and internationally.

A frequent speaker on professional liability, insurance and risk management, Maggie holds degrees in Human Kinetics, Physiotherapy, and Healthcare Quality.

### **About Chris Smerdon**

Chris was educated as a PT at UBC a long time ago. She started working at the College in 2014 managing the quality assurance program and took on management of registration in 2019.

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## Gender Affirming Practice

*September 29, 2021 10:00am - 11:00am*

**Presenter: Kate Kennedy**

[Register / Access Recording](#)

This presentation will provide a framework for considering the many facets of a physiotherapy encounter which may be specifically influenced by the gender identity of the patient as they present, and how to facilitate a successful patient/physio professional interaction, with a focus on ways to make that interaction welcoming, safe, and of course, effective. We will discuss concepts and some terminology regarding the gender spectrum itself, as well as potential health-related risks in the non-binary population. Specific considerations around communication, consent, and physical space will be covered, as well as physiotherapy-specific clinical considerations relating to the lived experience of individuals who identify differently than their gender assigned at birth.

## **About Kate Kennedy**

Kate Kennedy completed her BSc in Physiotherapy in 1990 at Queen's University and has been treating patients on the gender spectrum – that is, everyone – in private practice and orthopaedics for over 30 years. She has been a Fellow of the Canadian Association of Manipulative Physical Therapists since 1996. She has a special interest in manual therapy, rehabilitation following cancer treatment, exercise, resilience, as well as breast health, pre- and postpartum care, and bone health. Kate strives to create a safe space to treat and empower all bodies and all genders, and recognizes that many facets of physiotherapy practice have traditionally been “gendered”.

Kate is a Clinical Assistant Professor at UBC in the Department of Physical Therapy, Faculty of Medicine and is a senior instructor within the Canadian Physiotherapy Association's Orthopaedic Division.

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## **Part 3: Integrating a Trauma-Informed Approach into Routine Physical Therapy Practice – Client Disclosure of Past Trauma and Treatment Sensitivities: Inquiring and Responding Effectively**

*June 15, 2021 12:00 pm – 1:00 pm*

**Presenter: Candice L. Schachter**

[Register / Access Recording](#)

The high prevalence of trauma and interpersonal violence in Canadian society and the impact of trauma on health and healthcare interactions of adults compel physical therapists to inquire about client history of trauma and trauma-related sensitivities to physical therapy care. This webinar is designed to assist physical therapists in how to ask adult clients about a history of trauma sensitively and respond effectively. We will review why asking about a history of trauma should be part of routine physical therapy practice and consider ways to inquire. We will outline ways to respond effectively to a client's disclosure of a trauma history that respect both the client and stay within the physical therapist's scope of practice.

Not all adult survivors will disclose past trauma, however, they may experience trauma-related sensitivities and discomforts to physical therapy care. To address such sensitivities, we will look at task-specific inquiry and disclosure, considering

what to ask and how to respond in order to increase client comfort and therefore provide better physical therapy care. Participants will be encouraged to develop questions for ongoing self-reflection to ensure their approach to disclosure is trauma-informed.

### **About Candice L. Schachter**

Candice received physiotherapy training at the University of Saskatchewan and doctorate at Western University. She led the Sensitive Practice Project, a multidisciplinary, multi site research project that included collaborations between adult trauma survivors and healthcare providers from across Canada. The project generated guidelines on sensitive practice/trauma-informed care for healthcare providers and *The Handbook on Sensitive Practice for Health Care Practitioners*, published by the Public Health Agency of Canada in 2009. She has presented information on sensitive practice internationally to diverse healthcare audiences. She believes that by embracing a trauma-informed approach, physical therapists can foster more positive survivor-clinician relationships, provide better physical therapy care and overall healthcare experiences for adult trauma survivors.

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## **Part 2: Integrating a Trauma-Informed Approach into Routine Physical Therapy Practice – Avoiding and Managing Difficult Situations**

*May 20, 2021 12:00 pm – 1:00 pm*

**Presenter: Candice L. Schachter**

[Register / Access Recording](#)

Physical therapists working with adults may have found themselves puzzled, trying to make sense of a client's strong emotional or negative reaction to some seemingly small and common part of treatment. The physical therapist may be left wondering: What just happened? How should I best respond?

This webinar will help participants gain a broader understanding of factors within physical therapy care that can be highly problematic for adult survivors of trauma and thus contribute to what we term difficult situations. We will examine trauma-informed strategies to help avoid difficult situations and explore the **SAVE** strategy to manage such situations, should they arise in clinical

practice. Participants will be encouraged to develop self-reflective questions about avoidance and management of difficult situations within their own practice and workplaces using a trauma-informed perspective.

### **About Candice L. Schachter**

Candice received physiotherapy training at the University of Saskatchewan and doctorate at Western University. She led the Sensitive Practice Project, a multidisciplinary, multi site research project that included collaborations between adult trauma survivors and healthcare providers from across Canada. The project generated guidelines on sensitive practice/trauma-informed care for healthcare providers and *The Handbook on Sensitive Practice for Health Care Practitioners*, published by the Public Health Agency of Canada in 2009. She has presented information on sensitive practice internationally to diverse healthcare audiences. She believes that by embracing a trauma-informed approach, physical therapists can foster more positive survivor-clinician relationships, provide better physical therapy care and overall healthcare experiences for adult trauma survivors.

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## **Part 1: Integrating a Trauma-Informed Approach into Routine Physical Therapy Practice – Understanding the Rationale and Applying the Principles**

*April 22, 2021 12:00 pm – 1:00 pm*

**Presenter: Candice L. Schachter**

### [Register / Access Recording](#)

Given the high prevalence of trauma and interpersonal violence in our society, a trauma-informed approach should be adopted as routine practice for all health care providers. This webinar will assist participants in their understanding of the rationale for, and actions required to integrate principles of trauma-informed care into all physical therapy care of adults.

We will review how trauma and interpersonal violence can affect the health of adult survivors as well as their interactions with physical therapists and staff. We will examine the principles of Sensitive Practice as part of the framework of a trauma-informed approach for the physical therapist and workplaces and consider how these principles can improve adult survivor experiences of physical therapy care. Participants will be encouraged to develop self-reflective questions about their own

practice and workplaces in order to embrace a trauma-informed approach as routine practice.

### **About Candice L. Schachter**

Candice received physiotherapy training at the University of Saskatchewan and doctorate at Western University. She led the Sensitive Practice Project, a multidisciplinary, multi site research project that included collaborations between adult trauma survivors and healthcare providers from across Canada. The project generated guidelines on sensitive practice/trauma-informed care for healthcare providers and *The Handbook on Sensitive Practice for Health Care Practitioners*, published by the Public Health Agency of Canada in 2009. She has presented information on sensitive practice internationally to diverse healthcare audiences. She believes that by embracing a trauma-informed approach, physical therapists can foster more positive survivor-clinician relationships, provide better physical therapy care and overall healthcare experiences for adult trauma survivors.

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## **The Write Stuff, Part 2: Documentation When Working with Physical Therapist Support Workers (PTSWs)**

*October 20, 2020 12:00 pm – 1:00 pm*

**Presenter: Susan Paul, Manager, Professional Practice**

[Register / Access Recording](#)

Join Susan Paul, CPTBC's Manager, Professional Practice, for this second webinar on the topic of documentation/clinical records.

She will review the Practice Standards that relate to charting in the clinical record when you work with PTSWs. We'll highlight what to be aware of as you ensure you meet those Standards and provide optimum physical therapy services for your clients.

### **About Susan Paul**

Susan has worked at the College answering practice questions since 2002 in her role as Manager, Professional Practice. She assists with teaching the first year Master of Physical Therapy professional issues course at the University of British

Columbia, where she is a Clinical Associate Professor with the Department of Physical Therapy. Susan practices clinically in an acute care setting.

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## The Write Stuff, Part 1: Documentation to Protect You and Your Clients

*September 29, 2020 12:00 pm – 1:00 pm*

Presenters: Susan Paul, Manager, Professional Practice; Kathy Davidson, Practice Advisor; Tracy Dignum, Practice Advisor

[Register / Access Recording](#)

CPTBC's Practice Advisors have noticed some common themes pertaining to clinical records in the practice questions we receive. Charting has the potential to protect you and your client; incomplete, inaccurate, or absent documentation can lead to negative consequences.

Join us for the first of three webinars on the topic of documentation. Topics will include timeliness, comprehensiveness, consent, and special considerations for documentation during the pandemic.

### **About Susan Paul**

Susan has worked at the College answering practice questions since 2002 in her role as Manager, Professional Practice. She assists with teaching the first year Master of Physical Therapy professional issues course at the University of British Columbia, where she is a Clinical Associate Professor with the Department of Physical Therapy. Susan practices clinically in an acute care setting.

### **About Kathy Davidson**

Kathy supports Susan Paul, Manager, Professional Practice in answering practice questions from physical therapists and assists in the revision and creation of resource documents for physical therapist practice in British Columbia. Kathy is also responsible to coordinate the College's webinar series.

### **About Tracy Dignum**

Tracy supports Susan Paul, Manager, Professional Practice in answering practice questions from physical therapists and assists in the revision and creation of

resource documents for physical therapist practice in British Columbia. Tracy is also involved in the training of support personnel in her role with the Rehabilitation Assistant diploma program at Capilano University.

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## COVID-19 and Infection Control in the Physical Therapy Context

*June 17, 2020 10:00 am – 11:00 am*

**Presenters:** Susan Paul, Manager, Professional Practice; Kathy Davidson, Practice Advisor; Tracy Dignum, Practice Advisor

### [Register / Access Recording](#)

Physical therapists are planning or have already begun to provide in-person care to their clients during Phase 2 of BC's COVID-19 Restart Plan. The Provincial Health Officer and the BCCDC have provided guidance about how best to ensure the safety of physical therapists, their clients and their clinic staff using evidence-informed infection prevention and control measures. Physical therapists want to be confident in their decision-making to ensure effective infection and control practices. In the face of a pandemic, all of us now understand how important it is to play our part in keeping BC's transmission rate low.

During this webinar, the Practice Advisors at the College will review Point of Care Risk Assessments (PoCRA). We will discuss how best to use the results of the PoCRA you conduct with each client in determining the appropriate infection prevention and exposure control strategies to mitigate risk during your client encounter. We will speak to the content in the CPTBC PoCRA guide, and provide examples in some community-based physical therapy contexts to illustrate how this content can be applied.

### **About Susan Paul**

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## **Therapeutic Relationships: Tele-Rehab Version**

*April 23, 2020 10:30 am – 11:30 am*

**Presenters: Dr. Maxi Miciak, PhD, PT & Andrew Koppejan, PT**

### **[Register / Access Recording](#)**

The use of tele-rehab in physical therapy has been accelerated with COVID-19 physical distancing measures. Implementing tele-rehab brings up questions for physical therapists, such as

- "Can I deliver good or equal value physical therapy services through tele-rehab?"
- "How do we interact with patients effectively online?"

Over a 'virtual' coffee, Maxi and Andrew will explore the impact of using tele-rehab on the quality of physical therapy service delivery. They will also dive into the realities of developing therapeutic relationships virtually, provide practical ways of creating a safe therapeutic container, and highlight the conscious use of verbal and non-verbal behaviours and a collaborative approach to care.

### **About Dr. Maxi Miciak**

Dr. Maxi Miciak strives to positively influence the care patients receive and the use of research evidence in health services and policy decision-making. Her work has broad reach, extending from clinical to system levels. Drawing upon her experiences as a physical therapist, Maxi's research interests probe the factors that influence provision of care from social and systems perspectives. Her conceptual framework of the therapeutic relationship in physical therapy is being used in

research with uptake in entry-to-practice and post-graduate education and clinical practice. Her expertise has resulted in numerous invitations to speak at local, national, and international webinars, events, and conferences in physical therapy and inter-professionally. Maxi also works to advance the nascent area of research impact assessment. She has collaborated with local, national, and international health system stakeholders to co-develop and implement frameworks to assess research impact on informed decision-making and the scale and spread of research and innovation in the healthcare system. Maxi is an Adjunct Associate Professor in the Faculty of Rehabilitation Medicine, University of Alberta. She received a doctorate in Rehabilitation Science (2015) from the University of Alberta and was the inaugural Cy Frank postdoctoral fellow in impact assessment at Alberta Innovates, Canada.

### **About Andrew Koppejan**

Andrew is a practicing physiotherapist with ten years of experience. Andrew is passionate about the intersection of technology, physiotherapy, and patient centred care. He is the founder of *ignitephysio*, an online community for Canadian physiotherapists. As well, he co-hosts the *ignitephysio* podcast with Maxi Miciak where they cover topics covering therapist burnout, therapeutic relationship and other random topics related to clinical life.

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## **Tele-rehabilitation/Virtual Care: Open Questions**

*April 9, 2020 8:00 am – 9:00 am*

[Register / Access Recording](#)

CPTBC and PABC are joining forces to answer your questions about tele-rehabilitation. Virtual care is being considered by many physical therapists as an alternate service delivery model during the COVID-19 pandemic. We have received regulatory, technological and process questions from BC physical therapists as they work to provide care to their patients.

A copy of the presentation slides can be found [here](#).

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## **Anatomy of a Complaint – Where Did Things Go Wrong?**

*March 5, 2020 12:00 pm – 1:00 pm*

Presenters: Susan Paul, Manager, Professional Practice, CPTBC & Joëlle Berry, Manager, Inquiry and Discipline, CPTBC

[Register / Access Recording](#)

Reviewing College complaints can provide an opportunity for us to reflect on, and improve our own practice. During the webinar, 2 complaint summaries will be shared, including the Inquiry Committee findings. Joëlle and Susan will highlight some of the topics that seem to be common across many complaints – saying you are sorry to a client, managing communication and touch to promote client understanding.

### **About Susan Paul**

Susan is a physical therapist and has worked at the College answering practice questions since 2002 in her role as Manager, Professional Practice. She assists with teaching the first year Master of Physical Therapy professional issues course at the University of British Columbia, where she is a Clinical Associate Professor with the Department of Physical Therapy. Susan practices clinically in an acute care setting.

### **About Joëlle Berry**

Joëlle is the Manager, Inquiry and Discipline with the College. She was educated as a lawyer, is a member of the Law Society of BC, and is well-regarded for her focus on professional regulation and investigation and on administrative law. She is an experienced regulatory investigator. She has worked in health professions regulation since 2012 beginning with the College of Massage Therapists of BC. Joëlle was appointed to the board of the College of Traditional Chinese Medicine Practitioners and Acupuncturists of BC in 2017 and chairs their Discipline Committee.

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## **Infection Control Is In Your Hands**

*January 23, 2020 8:00 am – 9:00 am*

Presenter: Angeli Mitra, RN, MSc, CIC

[Register / Access Recording](#)

Ever wonder what germs might be living on your stethoscope, interferential sponges, children's toys, or plinths? Do you ask your patients to wash their hands

before you start treatment? During this webinar, we will review our Infection Prevention and Control (IPAC) resource for physical therapists. It includes these key points:

- Understand how infections are transmitted and know where infectious agents hide
- Carry out an IPAC risk assessment in the physical therapy environment and identify risk factors
- Mitigate risks of transmission

### **About Angeli Mitra**

Angeli has many years of experience in healthcare as a nurse, epidemiologist and infection prevention professional, in a multitude of roles/areas alongside health care providers of all professions. Before settling into the field of infection prevention and control, Angeli worked as an emergency room nurse, researcher in hyperbaric medicine and public health, epidemiology lecturer, and expedition coordinator in India and Nepal. She has a passion for mentoring, facilitating and inspiring individuals/multi-disciplinary teams to find practical, effective and efficient solutions to mitigate the risks of acquiring or transmitting a healthcare associated infection in order to support our ultimate goal: protecting our patients, residents, clients, selves and loved ones from preventable infectious illnesses.

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## **CPTBC's New Privacy Toolkit**

*November 28, 2019 8:00 am – 9:00 am*

**Presenter: Susan Paul, Manager, Professional Practice**

[Register / Access Recording](#)

Privacy of personal information is a hot topic for the public and we regularly hear about privacy breaches. If you are a physical therapist in a private practice and want to learn more about how to comply with the Personal Information Protection Act (PIPA) join us for a preview of content from the pending Privacy Toolkit- A Guide for Physical Therapists in Private Practice.

Learn about the 10 essential steps for PIPA compliance, protecting privacy of paper and electronic records, and how to respond to a client's request for access to their personal information – including allowable fees and time limits to respond.

### **About Susan Paul**

Susan has worked at the College answering practice questions since 2002 in her role as Manager, Professional Practice. She assists with teaching the first year Master of Physical Therapy professional issues course at the University of British Columbia, where she is a Clinical Associate Professor with the Department of Physical Therapy. Susan practices clinically in an acute care setting.

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## **Supervision Responsibilities: CPTBC's New Supervision Guide**

*October 31, 2019 8:00 am – 9:00 am*

**Presenters:** Chris Smerdon, Manager, Quality Assurance and Registration, CPTBC & Kathy Davidson, Practice Advisor, CPTBC

### [Register / Access Recording](#)

CPTBC has recently developed a Supervision Guide to help registrants better understand their responsibilities with respect to providing and receiving supervision. The application process for interim registrants and the role of their supervisor have recently been updated – join us to learn more about the application process and how to ensure your supervision requirements are met. Registrants can assign tasks to Physical Therapist Support Workers (PTSWs) – find out more about CPTBC's rules and your responsibilities when directing and supervising physical therapy services provided by a PTSW, and learn where on the website to find the answers to our most asked questions.

### **About Chris Smerdon**

Chris was educated as a physical therapist and has a background in public practice as well as global health. She has been managing the CPTBC Quality Assurance Program since 2014 and as of September has added Registration to her responsibilities. Chris is a member of the Regulatory Research Committee for INPTRA and facilitates an interest group on quality assurance at the Health Professions Hub.

### **About Kathy Davidson**

Kathy supports Susan Paul, Manager, Professional Practice in answering practice questions from physical therapists and assists in the revision and creation of

resource documents for physical therapist practice in British Columbia. She is also responsible to coordinate the College's webinar series.

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## Tele-Rehabilitation: What Registrants Should Know

*September 26, 2019 8:00 am – 9:00 am*

**Presenters:** Dianne Millette, Registrar, CPTBC & Leanne Loranger, Manager, Policy + Practice, Physiotherapy Alberta

### [Register / Access Recording](#)

Our presenters will be sharing information about providing physical therapy services remotely (Tele-Rehabilitation). What is happening nationally and globally in the area of digital health? Do you wonder whether you can offer services online? What are the implications if you treat a client who lives out of province? Join us as we talk about the current and future trends in digital service delivery, and we share information and resources for those considering adding this to their practice.

In the meantime be sure to take a look at this Advice to Consider resource.

### **About Dianne Millette**

Dianne Millette is the Registrar & CEO of the College of Physical Therapists of BC. Dianne recently served on the WCPT/INPTRA Digital Practice Task Force which developed a White Paper on Digital Practice in Physical Therapy that Dianne will discuss in this session.

### **About Leanne Loranger**

Leanne Loranger is the Manager, Policy + Practice at Physiotherapy Alberta and is involved in practice and quality improvement related activities, including policy and resource development and continuing education planning. She served as Physiotherapy Alberta's Practice Advisor from 2014-2017. Leanne graduated from McMaster University's Master of Health Management program in 2016. She currently serves as a volunteer accreditor for Physiotherapy Education Accreditation Canada and is a member of the Board of Examiners of the Canadian Alliance of Physiotherapy Regulators.

Prior to her employment with Physiotherapy Alberta, Leanne worked as a physiotherapist for 19 years in clinical practice.

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## Professionalism – Being a Physical Therapist 24/7

*April 25, 2019 8:00 am – 9:00 am*

**Presenters:** Susan Paul, Manager, Professional Practice, CPTBC & Kathy Davidson, Practice Advisor, CPTBC

### [Register / Access Recording](#)

The College's Practice Standards, Bylaws, and Code of Ethical Conduct require registrants to practice professionally – to maintain professional boundaries, to conduct themselves with integrity and professionalism, to enhance the reputation of the physical therapy profession, to inspire public trust and confidence. But what does all that really mean? Is it required even on weekends? On vacation? What are the consequences to a registrant if a complaint is received regarding their lack of professionalism?

Join the Practice Advisors at the College as they discuss professionalism in physical therapy practice and provide examples of situations where professionalism was in question.

### **About Susan Paul**

Susan has worked at the College answering practice questions since 2002 in her role as Manager, Professional Practice. She assists with teaching the first year Master of Physical Therapy professional issues course at the University of British Columbia, where she is a Clinical Associate Professor with the Department of Physical Therapy. Susan practices clinically in an acute care setting.

### **About Kathy Davidson**

Kathy supports Susan in answering practice questions from physical therapists and assists in the revision and creation of resource documents for physical therapist practice in British Columbia. She is also responsible to coordinate the College's webinar series.

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# The Therapeutic Alliance: What, Why and How?

*February 28, 2019*

Presenter: Steve Young BHScPT, BA

[Register / Access Recording](#)

Physical therapy has long focused on identifying specific treatment interventions for patients in the hopes of maximizing clinical outcomes. Despite our best efforts, these treatments often demonstrate modest improvements at best when compared with competing interventions. Could it be that some of the significant treatment effects seen clinically are the result of the therapist and patient relationship rather than just a specific treatment intervention?

There is emerging evidence that a significant component of outcomes is shaped by the therapeutic alliance established between patient and therapist and that it plays a role in decreasing patient's pain, improving clinical outcomes and maximizing satisfaction with treatment. This presentation will review the evidence supporting the use of therapeutic alliance and simple things that clinicians can do on a daily basis to improve their patient encounters.

## **About Steve Young**

Steve received an undergraduate degree from the University of Victoria before attending the McMaster University physical therapy program in Hamilton, Ontario. He graduated summa cum laude in 1999 before returning to Victoria, Canada to work in private practice.

Along with maintaining a full-time musculoskeletal practice, Steve is a clinical instructor with UBC. He has been published in a number of journals and previously served as Chief Editor for the Orthopaedic Division Review from 2005 to 2007. He has also presented provincially and nationally at physical therapy conferences and is one of the founders of Accelerated Motion Physiotherapy (AMP), an organization that provides high quality continuing education to physical therapists.

Steve was recognized for his clinical achievements in 2014 when he was chosen to receive the award for clinical excellence from the Physiotherapy Association of British Columbia. His clinical interests include persistent pain, manual therapy and the integration of research evidence to clinical practice.



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## In Harm's Way – Strategies to Support Patients At Risk

*November 22, 2018*

**Presenter: Roly Fletcher, Registered Physical Therapist**

### [Register / Access Recording](#)

In a followup to the April 2018 Forum Panel by the same name, join CPTBC and Roly Fletcher as we review suggestions for helping physical therapists choose a course of action should they be concerned about a client's well-being (for example, if a client discloses suicidal thoughts, or if you suspect an abusive situation). Key messages that participants took away from the Forum are described in the CPTBC newsletter article *In Harm's Way – Strategies to Support Patients at Risk*.

This webinar will consider ways to apply these messages in your practice. What policies should be developed so that you are prepared for such situations? Where can you find resources and support for your clients? How could your intake form and initial assessment change so that you gather the information you need before this kind of situation arises? How can you personally prepare to have these difficult conversations? Where can you learn more and better understand the client's perspective?

### **About Roly Fletcher**

Roly Fletcher is a Registered Physical Therapist and a member of the PABC and the CPA. He is a Certified Vestibular Therapist & Clinical Associate Professor at the University of British Columbia. As a physical therapist, Roly has worked in the public health care system in both the UK and Canada, gaining experience in the Intensive Care Unit, the Emergency Room and in the fields of orthopaedics, neurology, rehabilitation, surgical, medical, oncology, pediatrics, outpatient care and home health. He is a mentor for the Pain Science Division of the CPA and he lectures annually for both medical and physical therapy students at UBC.

Roly is actively involved in clinical research and his interests include how education, language, context and emotions affect the human pain experience.

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# Gender Affirming Practice

*October 24, 2018*

Presenter: Kate Kennedy, Registered Physical Therapist

[Register / Access Recording](#)

Join us for a discussion of the concerns related to non-binary (neither fitting the typical male nor female social and biological constructs) clients accessing physical therapy care. The gender spectrum and its relevance to the practice of physical therapy, the degree to which clients feel welcome in a physical therapy setting, and the potential unique neuromusculoskeletal consequences of some expressions of non-binary or transgender identity will be covered. Recommendations for providing considerate, respectful and appropriate physical therapy assessment and treatment in a variety of settings, as well as some specific pathologies will also be discussed.

## **About Kate Kennedy**

Kate Kennedy, Physical Therapist, completed her BSc in Physiotherapy in 1990 from Queen's University and has been happily working with patients across the gender spectrum (that is, the general population) at Main Street Physiotherapy Clinic since 2012. Her approach to treatment focuses on appropriate movement and movement control facilitated by manual therapy and exercise, patient education and empowerment, and an acknowledgment of each client as a unique individual. She has a particular interest in the words we use when we communicate with patients, and how this relates to their confidence in, or fear of movement and recovery.

Kate completed her Advanced Certification in Manual and Manipulative Therapy (FCAMPT) in 1996 and has been teaching in the Faculty of Medicine's Department of Physical Therapy at UBC as well as continuing education in manual therapy through the Canadian Physiotherapy Association's Orthopaedic Division since then.

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## Pause Before You Post: CPTBC's New Social Media Guide

*May 24, 2018*

Presenter: Susan Paul, Registered Physical Therapist

[Register / Access Recording](#)

CPTBC has developed a social media guide – “Pause Before You Post” – to help registrants as they consider the risks and challenges when using platforms personally or professionally. Join us for an interactive session as we roll out this helpful resource!

### **About Susan Paul**

Susan Paul, Physical Therapist, is the Manager of Professional Practice at the College of Physical Therapists of British Columbia and has provided practice advice to registrants for the past 16 years. She has a wealth of knowledge about physical therapy practice, regulation and practice standards in British Columbia.