

# Safety Practices for Infection Prevention & Control

Recommended safety practices that support the goal of infection prevention and control include:

## 1. **Communicating with clients and others that anyone who enters the practice environment must not show signs of communicable disease**

- Prior to arrival at the clinic and/or at the time of booking, clients should be informed of the following:
  - Clients must arrive at their appointment with no signs of communicable disease.
  - Clients must be advised of options regarding the availability and use of masks. Masks should be available in the clinic.
  - Clients must be advised of additional requirements they will be asked to meet upon arrival at their appointment (e.g., hand washing upon arrival).

## 2. **Hand Hygiene**

- Clients clean their hands upon entry to the practice environment.
- Registrants wash their hands often, as appropriate.
- Hand-washing protocols are posted in reception area, in the treatment room, and at sinks (including bathroom for client's use if applicable).

See BC Centre for Disease Control: [Hand washing](#) and [Hand Hygiene poster](#)

## 3. **Cleaning**

- All registrants and staff will practice consistent cleaning protocols.
- Linens must be single use only.
- Frequently clean and disinfect:
  - handles: doors, cabinets, faucets, fridge, microwave, etc.,
  - electronic devices and phones,
  - arm rests of chairs,
  - desks and table surfaces,
  - water coolers,
  - washrooms.
- Ensure the treatment room is thoroughly cleaned between patients:
  - Clean equipment and supplies (table, table levers, lotion bottles, hydrotherapy supplies, etc.) after each patient.

See [Government of Canada: Hard-surface disinfectants and hand sanitizers](#)

(COVID-19)

- Air purifier/filter in the treatment room may be helpful if the room has no windows or external air exchange. Use of an air purifier/filter is at the registrant's preference and discretion

See [WorkSafeBC: Ventilation and air circulation](#)

#### **4. Updating safety practices as needed**

- Registrants must remain up to date on guidance from the [Provincial Health Officer](#), [BC Centre for Disease Control](#), and [WorkSafeBC](#) regarding communicable disease prevention, and update safety practices accordingly. See Resources below for more information.