



Policy Title: Restricted Activities - Declaration to Practice	Replaces former policy:
	<input checked="" type="checkbox"/> Title: CDBC Restricted Activities Declaration to Practice <input type="checkbox"/> N/A
Applies to: Dietetics	Date Effective: 2024-06-28
	Last Update: Select date
Contact: Name of Policy Owner	

Policy Statement:

Registration to practice Restricted Activities is required for Applicants and Registrants of the Designated Health Profession of Dietetics (“Applicants” and “Registrants”) who intend to provide enteral and parenteral nutrition support and/or perform tube feeding insertions.

An Applicant or Registrant must be practice-ready prior to registering with a Restricted Activity and is responsible for maintaining this practice readiness and currency through the annual Continuing Competence Program (CCP), as outlined in the Quality Assurance Framework for Dietitians. It is the Registrant’s duty to ensure safe, competent, and ethical practice.

A Registrant may stop practicing a Restricted Activity at any time during the registration year; however, they will not be eligible to remove the Restricted Activity — nor the CCP requirement — until the next renewal period.

1. Policy Rationale and Purpose:

Restricted Activities are a narrowly defined list of invasive, higher-risk activities that may only be performed by individuals who have been granted or delegated the necessary authority. Restricted Activities specific to the Designated Health Profession of Dietetics are defined in the *Dietitians Regulation*.

This policy provides further guidance to Schedule 2, 2.4 of the College Bylaws.

2. Policy Scope:

This policy applies to Applicants and Registrants of the Designated Health Profession of Dietetics who intend to perform Restricted Activities.

3. Legal Authority:

- *Health Professions Act*, Section 19
- *Dietitians Regulation*



- CHCPBC Bylaws, Schedule 2, 2.4
- Dietetic Code of Ethics
- Dietetic Standards of Practice

4. Key Partnerships:

- BC Health Authorities

5. Definitions:

Practice readiness – Confidence in one’s ability to independently fulfill the duties and responsibilities required in any area of dietetic practice

6. Process Check:

- Board Policy Framework
- Safe Spaces Playbook
- Other: Click or tap here to enter text.

7. Resources/References:

- [Shared Scope of Practice and Restricted Activities - Province of British Columbia](#)
- Restricted Activities Interpretive Guide
- Dietetic Quality Assurance Framework

Reviewed by the Board on:		Select date	<input checked="" type="checkbox"/> N/A
Reviewed by the Registrar/Deputy Registrar on:		Select date	<input type="checkbox"/> N/A
Date Approved Select date	Approved By <input type="checkbox"/> Board <input type="checkbox"/> Committee (<i>Name of Committee</i>) OR Name <i>Full Name</i> Title <i>Title</i>		
Date Effective Select date	Revision history	Last Updated:	Select date
Next Review Select date		Previous Update:	Select date
Drafted by: Name <i>Name</i>		Title <i>Title</i>	



Appendices

Appendix A

Procedure

Initial registration to practice Restricted Activities (RAs)

1. Initial registration to practice RAs is required for anyone who intends to perform enteral and/or parenteral nutrition support as:
 - a. A first-time Registrant,
 - b. A former Registrant newly reinstated with the College, or
 - c. A current Registrant who has not previously registered to practice enteral or parenteral nutrition support.
2. A Registrant must apply for initial registration for *each* RA they intend to practice and must:
 - a. Declare their intent to practice, in the College's registration or renewal application, for each applicable RA, and
 - b. Pay the initial RA Application Fee(s), per Schedule 1 of the College Bylaws.
3. A Registrant who practices RAs must take steps to ensure initial practice readiness through coursework and practical experience and must maintain practice readiness through the College's Continuing Competence Program (CCP).
4. If a Registrant declares intent to practice RAs but does not feel practice-ready (e.g., due to extended absence or lack of confidence, experience or opportunity), the Registrant must not practice the RAs.

Note: It is the Registrant's responsibility to take steps to maintain practice readiness through CCP activities.

5. Initial registration to practice RAs must be completed prior to practicing RAs and may be applied for at any time during the College's fiscal year.



Renewal of declarations to practice Restricted Activities

6. Intent to practice RAs must be declared annually in the College's registration renewal application.
7. Declarations to practice RAs expire on March 31 annually, regardless of the initial RA registration date.

Removal of a Restricted Activity

8. If a Registrant no longer intends or is no longer required to practice a RA, they may remove it from their registration during their annual registration renewal.
9. If a Registrant chooses to renew a RA and practices that RA in the new registration year, they must report on the RA in their annual CCP to ensure maintenance of their competencies and safe dietetic care delivery.
10. If a Registrant renews a RA by mistake and has not practiced the RA since renewal, they may request removal of the RA from their registration and public register profile by May 31. Once the RA has been removed, the Registrant is no longer authorized to practice the RA and no longer needs to report on it in their annual CCP.

A Registrant who practices a RA on or after April 1 is not eligible to request removal of the RA from their registration status until the following year and must report on the RA in their CCP for the current year.

11. If a Registrant removes a RA from their registration status and later chooses to register again with the RA, they must reapply and pay the applicable fee in accordance with Schedule 1 of the College Bylaws.