

Need new eyeglasses or contact lenses?

You may require a

Sight Test or Eye Health Exam

What is the difference between a Sight Test and an Eye Health Exam?

Sight Tests and Eye Health Examinations are different services performed by different eye health professionals:

Sight Tests

ASSESS VISUAL POWER

Performed by an optician to determine the lens power required to correct vision.

There are limits and conditions on who may receive a Sight Test.

OR

Eye Health Examinations

ASSESS VISUAL POWER & HEALTH OF EYE

Performed by an optometrist or ophthalmologist to determine the lens power required to correct vision and the overall health of the eye.

There are no limits or conditions on who may receive an Eye Health Exam.



Who is eligible for a Sight Test?

You can have a Sight Test if:

- You are aged 19–39 and have had an Eye Health Exam since turning 19
- You are aged 40–64 and have had an Eye Health Exam since turning 40

AND you have no history of eye conditions or disease, **OR**

- You have been referred by an optometrist or ophthalmologist



The optician can order your eyeglasses or contact lenses based on the Sight Test assessment record.



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