



# Chronicle

College of Psychologists of British Columbia

NEWS AND INFORMATION FROM THE COLLEGE OF PSYCHOLOGISTS

Double Issue 2022

## Letter from the Chair of the Board

Dear Colleagues,

This has been a hard year for all health care workers, and I want to begin my comments here by commending registrants for their continued commitment to excellence in providing psychological services under these circumstances. We know that as we emerge from and live with the initial and continuing impacts of the COVID-19 pandemic, psychologists and other mental health service providers will continue to be asked to go the extra mile to serve British Columbians. Thank you.

The College has endeavoured to support registrants through ongoing availability of workshops, frequent email updates on public health initiatives and regulatory matters and direct person to person guidance through the Practice Support Service (PSS). The PSS has been very busy and we hear often from registrants their appreciation of the responsiveness and usefulness of the Service.

This year has also been marked by a continued effort by CPBC and other health professions regulators to respond appropriately and urgently to the issues raised by the In Plain Sight: Addressing Indigenous-specific Racism and Discrimination in B.C. Health Care Report and The Final Report of the National Inquiry into Murdered Indigenous Women

and Girls and others. Later in this issue of the Chronicle, you will find a brief account of the celebration of the approval of a cross-profession Indigenous Cultural Safety and Humility and Anti-racism Standard, which took place on September 30th, the National Day for Truth and Reconciliation. This joint effort marked only one example of the College's ongoing work to realize the goals of the Board's Apology to Indigenous Peoples and a Pledge to Be Anti-Racist, and registrants will continue to see the College address Indigenous Cultural Safety and Humility throughout its many areas of responsibility.

This is the first year of new Continuing Competency Program requirements, including the new requirement for participation in activities that enhance Indigenous Cultural Safety. Registrants are reminded that the new requirements include completion of the Annual Practice Review and Quiz, access to which is through the Registrant Portal. If you have not already completed the Review and Quiz, the College encourages you to do so well before the end of the year so that you can complete the required attestation that you are in compliance with all of the Continuing Competency Program requirements at renewal.

Feedback from registrants who completed the Annual Practice Review and Quiz suggests the majority of people are taking 30 minutes or less to do so. You are encouraged to complete these items well prior to the end of the year to ensure your smooth renewal process.

In July, the College provided registrants with the opportunity to participate in the Dr. Haskell led workshop, Trauma Informed Practice: Understanding the Neurobiological and Psychological Effects of Violence and Abuse. While of general application for psychologists, the session included a focus on ways in which the conceptual framework and information are specifically relevant to the lives of Indigenous persons. Registrants who missed that workshop can find access to it online as described in the section on online workshops and presentations below. We want to encourage all registrants to also consider participating in the second workshop in the series which takes place November 24th. Dr. Haskell's second workshop will focus on practical

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### COLLEGE BOARD

- Rishi Bhalla, Ph.D., R.Psych.
- Kenneth Cole, Ph.D., R.Psych.
- Lindsey Jack, Ph.D., R.Psych.
- Sandra James, Public Member
- Marlene Moretti, Ph.D., R.Psych.
- Marina Navin, Public Member
- Lisa Seed, Public Member
- Amritpal Shergill, Ph.D., R.Psych.
- Ingrid Söchting, Ph.D., R.Psych.

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considerations when providing assessment and therapy services and will be based on theoretical information presented in her first workshop. Registrants will be notified when registration for the November 24th workshop opens. Registrants must have registered and participated in the first workshop in order to participate in the second workshop.

There will be ongoing expectations of health professionals from the provincial health officer (PHO) regarding the public health response to the pandemic. Two PHO orders regarding vaccination requirements for all workers in the health-care system continue to apply to people who work for health authorities, agencies funded by health authorities and long-term care and assisted-living facilities. They do not, however, apply to regulated health professionals who do not work in these settings.

The Health Professionals COVID-19 Vaccination Status Information and Preventive Measures order, March 7 (updated June 10) 2022, requires regulated health professionals to report their vaccination status to their regulatory colleges and that same order requires colleges to provide data on vaccination rates to the PHO upon request, as was the case earlier this year. The most recent statements of the PHO say that vaccination status information about individual health professionals will not be made public. Also, the PHO has stated that given the high rates of vaccination in regulated health professions evidenced in the aggregate data provided by colleges, and the current state of the pandemic, they have decided not to require private, regulated health professionals to be vaccinated at

this time. The PHO order continues to apply, and colleges will be required to provide updates to the PHO upon their request.

This month, the Board welcomed the Minister of Health's order which confirms changes to the *Psychologists Regulation*, including establishing a restricted activity of psychology diagnosis, which the CPBC has been working for several years to have established. The changes also remove the exemption for non-registrant use of the title "school psychologist" and require all school psychologists to be registrants of CPBC after May 1, 2024. There will be much information shared and work done over the next 18 months as this is implemented.

Just as this edition of the Chronicle was going to press, the Minister of Health introduced Bill 36, the Health Professions and Occupations Act. The Bill is a re-write of the Health Professions Act and the College will be reviewing it and providing updates to Registrants in coming weeks as the details and implications become apparent.

Again, I wish to express my appreciation, and that of the CPBC Board, for the excellence and resolve the profession has demonstrated through a difficult year. I also want to express gratitude to the College staff for their continued service to the Board and the profession.

Sincerely,  
Lisa Seed

## PROFESSIONAL EXECUTOR

As per *Code of Conduct* Standard 14.6, making contingency provisions for practice records is a requirement of all registrants. When someone is called upon to act as a professional executor, they are expected to take over the care and management of files that someone else has created, and to be responsible for their secure storage and accessibility in the same way as they are responsible for files they have created themselves.

As more professional executors have found themselves called upon to provide the services to which they have agreed for indisposed or deceased colleagues, it has become apparent that careful thought on the parts of both the designating registrant and the professional executor is required to facilitate a smooth transition of record management for all concerned. The Professional Executor checklist has been updated and can be found in this issue of the Chronicle.

As registration renewal approaches the College strongly recommends that all registrants consult with their professional executor to review this requirement and the information necessary to fulfill their role.



## RENEWAL 2023

The renewal process will start mid-November. Please ensure that the College has your current email on file as all renewal information and correspondence will be sent electronically. Detailed instructions and FAQs on how to log into the registrant portal, complete the online form and submit payment will be sent via email. This information will also be posted on the College website. Please take the time to review these materials to avoid errors and delays.

In order for your renewal to be complete, both form and payment must be received at the College by December 31, 2022. Registrants are encouraged to use electronic payment to pay their renewal fees. This ensures that your payment will not be impacted by seasonal or other delays in mail delivery. Credit cards are not accepted. Be sure to contact your professional executor to confirm their agreement to serve in this role before you renew. See the article in this edition of the Chronicle for more information regarding this requirement. We invite you to contact the College if you have questions by going to <https://collegeofpsychologists.bc.ca/contact/>.

The renewal period is a very busy time for the College and your patience is appreciated. As in previous years, the College will have dedicated times and days throughout renewal to receive your phone call should you have questions or require assistance. These details will be included in the renewal information email which you will receive next month.

Jennifer Arpink  
*Registered Psychologist*

Nardeen Awadalla  
*Registered Psychologist*

Susan Baerg  
*Registered Psychologist*

Claire Barnes  
*Registered Psychologist*

Samantha Barney  
*Registered Psychologist*

Jessica Berntson  
*Registered Psychologist*

Alshaba Billawala  
*Registered Psychologist*

Pamela Black  
*Registered Psychologist*

Tara Boothby  
*Registered Psychologist*

Katrina Bouchard  
*Registered Psychologist*

Nicole Bringsli  
*Registered Psychologist*

Deanna Britton-Rumohr  
*Registered Psychologist*

Emily Cameron  
*Registered Psychologist*

Aisha Christiansen  
*Registered Psychologist*

Julie Cohen  
*Registered Psychologist*

S. Mitchell Colp  
*Registered Psychologist*

Lynn Corbett  
*Registered Psychologist*

Brandi Cowie  
*Registered Psychologist*

Emilie Crevier-Quintin  
*Registered Psychologist*

Silvain Dang  
*Registered Psychologist*

Sasha Davis  
*Registered Psychologist*

Michelle Deen  
*Registered Psychologist*

Claire Dewar  
*Registered Psychologist*

S.J. Drake  
*Registered Psychologist*

Nathan Edwards  
*Registered Psychologist*

Gavin Elder  
*Registered Psychologist*

Simon Elterman  
*Registered Psychologist*

Samantha Fashler  
*Registered Psychologist*

Sonia Finseth  
*Registered Psychologist*

Dylan Gatner  
*Registered Psychologist*

Ashleigh Golden  
*Registered Psychologist*

Raquel Graham  
*Registered Psychologist*

Chris Graham  
*Registered Psychologist*

Amy Green  
*Registered Psychologist*

Jason Greif  
*Registered Psychologist*

Manal Guirguis-Younger  
*Registered Psychologist*

Mandeep Gurm  
*Registered Psychologist*

Drew Halliday  
*Registered Psychologist*

Katy Harper  
*Registered Psychologist*

Eva Harris  
*Registered Psychologist*

Adri Henning  
*Registered Psychologist*

Helia Jafari  
*Registered Psychologist*

Aamena Kapasi  
*Registered Psychologist*

Jason Keller  
*Registered Psychologist*

Rajwinder Khurana  
*Registered Psychologist*

Deborah Kieran  
*Registered Psychologist*

Julie Kim  
*Registered Psychologist*

Marla Korecky  
*Registered Psychologist*

Natasha Kutlesa  
*Registered Psychologist*

Rebecca Lalonde  
*Registered Psychologist*

Rachael Leavitt-McDonald  
*Registered Psychologist*

Sarah Liu  
*Registered Psychologist*

Carolyn Lutcher  
*Registered Psychologist*

Kevin Lutz  
*Registered Psychologist*

Brent Macdonald  
*Registered Psychologist*

Sheila Mansell  
*Registered Psychologist*

Sonia Matwin  
*Registered Psychologist*

Maryam Mikhail  
*Registered Psychologist*

Patricia Miller  
*Registered Psychologist*

Jennifer Jiwon Na  
*Registered Psychologist*

Logan Nealis  
*Registered Psychologist*

Uwe Neumann  
*Registered Psychologist*

Kevin Noble  
*Registered Psychologist*

Katherine O'Donnell  
*Registered Psychologist*

Carla Oberth  
*Registered Psychologist*

Cedar O'Donnell  
*Registered Psychologist*

Melanie Oliveira  
*Registered Psychologist*

Kevin Osten-Garner  
*Registered Psychologist*

Marya Owen  
*Registered Psychologist*

Raechelle Paperny  
*Registered Psychologist*

Christopher Pawluk  
*Registered Psychologist*

Evelyn Platts  
*Registered Psychologist*

Shauna Randhawa  
*Registered Psychologist*

Jennifer Raymond  
*Registered Psychologist*

Rosalynn Record-Lemon  
*Registered Psychologist*

Jennifer Ronald  
*Registered Psychologist*

Neeti Sachdeva  
*Registered Psychologist*

Andrew Schade  
*Registered Psychologist*

George Schanding Jr.  
*Registered Psychologist*

Lisa Schlosser  
*Registered Psychologist*

Kristin Schneck  
*Registered Psychologist*

Cheryl Seaman  
*Registered Psychologist*

Jaime Semchuk  
*Registered Psychologist*

Jeremy Siemens  
*Registered Psychologist*

Kristjan Sigurdson  
*Registered Psychologist*

Elaine Stoffer  
*Registered Psychologist*

Megan Suehn  
*Registered Psychologist*

Karley-Dale Talbot  
*Registered Psychologist*

Keoma Thorne  
*Registered Psychologist*

Kara Turcotte  
*Registered Psychologist*

Christine Turner  
*Registered Psychologist*

Mary Turri  
*Registered Psychologist*

Megan Udala  
*Registered Psychologist*

Kristy Vallentgoed  
*Registered Psychologist*

Lydia Vallieres  
*Registered Psychologist*

Andrea Vodermaier  
*Registered Psychologist*

Jessie Wall  
*Registered Psychologist*

Nena (Yuening) Wang  
*Registered Psychologist*

Heather Whelen  
*Registered Psychologist*

Kristina Wilder  
*Registered Psychologist*

Rhonda Wolkins  
*Registered Psychologist*

Jen-Mai Wong  
*Registered Psychologist*

The College's online directory is the most up to date resource for information regarding registration status, date of initial registration, highest degree as well as other information about our registrants. If you require official confirmation of your own or another registrant's status on the register, please contact the College in writing.

**IN MEMORIAM**

**The College was made aware of the deaths of the following registrants:**

Graham Bean (#2003)  
*Registrant*

Anthony Sai-Cheung Chan (#1597)  
*Registrant*

Richard J. Freeman (#565)  
*Registrant*

Garry Alan Rendle (#367)  
*Registrant*

Hendre Viljoen (#1415)  
*Registrant*

Jodi Leanne Viljoen (#2056)  
*Registrant*

Delwynne David Windell (#2097)  
*Registrant*

Lee Pulos (#207)  
*Former Registrant*

# AGM ANNOUNCEMENT

College of Psychologists of British Columbia

Annual General Meeting & Information Meeting  
Tuesday, November 29, 2022 5:30pm – 7:30pm

**Location:  
Via Zoom Webinar Platform**

The AGM is being presented via webinar and Registrants may submit questions via the Q&A function in the Zoom webinar platform. Board and Committee reports will be presented, as per the Bylaws.

We recommend reviewing the College's Annual Report prior to the start of the AGM.

The Annual Report will serve as the agenda for the meeting.

[Click here](#) to download the Annual Report

[https://collegeofpsychologists.bc.ca/docs/CPBC Annual Report 2021.pdf](https://collegeofpsychologists.bc.ca/docs/CPBC%20Annual%20Report%202021.pdf)

**RSVP**

*Please RSVP your attendance by Friday November 25, 2022:*

*Phone: (604) 736-6164 or (800) 665-0979 (push 307 when the auto-attendant picks up);*

*Fax: (604) 736-6133; or*

*Email: [rsvp@collegeofpsychologists.bc.ca](mailto:rsvp@collegeofpsychologists.bc.ca)*

***Webinar details will be provided closer to the date of the AGM to those Registrants who RSVP.***

## College Adopts Indigenous Cultural Safety and Humility and Anti-racism Standard

On September 30, 2022, the College of Psychologists, represented by Dr. Marlene M. Moretti, Board Member, and Dr. Andrea Kowaz, Registrar, joined ten other regulatory colleges in a ceremony marking the Colleges' adoption of a joint Indigenous Cultural Safety and Humility and Anti-racism Standard. This practice standard supports the joint apology and commitment to action signed by the health profession colleges in 2021 and sets clear expectations for how registrants of each college are to provide culturally safe and anti-racist care for Indigenous clients and patients.

This work was undertaken in response to the In Plain Sight, November 2020, report by Dr. Mary Ellen Turpel-Lafond. That report found widespread systemic racism against Indigenous peoples in the BC health care system. It also found that requirements for cultural safety and humility and for addressing Indigenous-specific racism were not adequately embedded in policy and standards. The report recommended that:

*"...all health policy-makers, health authorities, health regulatory bodies, health organizations, health facilities, patient care quality review boards and health education programs in B.C. adopt an accreditation standard for achieving Indigenous cultural safety through cultural humility and eliminating Indigenous-specific racism that has been developed in collaboration and cooperation with Indigenous peoples."*

The practice standard follows on the work of the BC College of Nurses and Midwives (BCCNM) and the College of Physicians and Surgeons of BC (CPSBC), which collaboratively developed and launched their Indigenous Cultural Safety, Cultural Humility, and Anti-Racism standard of practice in February 2022. Development of the BCCNM and CPSBC standard included engagement and consultation with Indigenous registrants, Indigenous members of the public, and Indigenous partners and organizations such as the First Nations Health Authority.

Between January 2022 and September 2022, 11 other BC health professions regulatory colleges, including the CPBC, who received guidance from the CPBC Indigenous Cultural Competency Task Force during this process, met to follow up on their commitments to address Indigenous-specific racism in health care and move forward with developing a standard of practice on Indigenous cultural safety, humility, and anti-racism for registrants of their colleges. The colleges pledged to collaborate with each other to promote consistency, as recommended in the In Plain Sight report.



*Drs. Moretti and Kowaz represented CPBC at a Celebration of the Indigenous Cultural Safety and Humility and Anti-racism Standard*

In accordance with the requirements set out in the Joint Standard, and consistent with Code of Conduct requirements, registered psychologists are expected to engage in active self-reflection, ongoing learning, and empathic and respectful engagement with Indigenous clients in client-led care that is trauma-informed and strengths-based, and to take action when anti-Indigenous racism is observed. A link to the standard may be found [here](#).

### REPORT ON THE QUALITY ASSURANCE COMMITTEE'S ANNUAL AUDIT

The Quality Assurance Committee (QAC) conducted its random audit of registrants' Continuing Competency Program (CCP) activities for the 2021 practice year in July. Five percent (5%) of all active registrants were sampled. The Committee followed up with a number of registrants seeking additional information to allow the Committee to make a determination regarding whether program compliance had been achieved. A large majority of registrants were found to have met or exceeded the CCP requirements. A small number of registrants were found to have deficiencies and have been directed to undertake remedial activities. Registrants are reminded to document their activities in a way that clearly demonstrates compliance with the program. A sample completed log sheet may be found [here](#).

## PROFESSIONAL EXECUTOR CHECKLIST UPDATE

The Practice Support Activities for Appointing and/or Serving as a Professional Executor Checklist has been updated in response to accumulating experiences arising when registrants are called upon to act as a Professional Executor. Please review this document as part of beginning or updating your agreement with your Professional Executor and when you agree to serve as another registrant's Professional Executor.

The College continues to welcome your feedback on this or any other Practice Support matter at [feedback@collegeofpsychologists.bc.ca](mailto:feedback@collegeofpsychologists.bc.ca)

### Activities for Appointing and/or serving as a Professional Executor Checklist

This document is intended to be of assistance to registrants with respect to their preparation of information for their appointed professional executor as well as information that one should expect if serving as a professional executor for another registrant.

Providing information and specifying any expectations to your professional executor will make it easier and less stressful for your family, colleagues and executor to handle matters in the event of your death or incapacitation. Clarifying such information and expectations with registrants for whom you have agreed to serve as a professional executor will also go a long way to preventing problems and later misunderstanding. Most important, engaging in this process if you are a professional executor for another registrant and ensuring that you have properly informed your own professional executor ensures compliance with the Code of Conduct and is a demonstration that you care about your clients' welfare, and want them to receive an appropriate standard of care. Your professional executor should be a registrant who you respect and trust. Including this person in the planning process will familiarize him or her with your concerns and your practice.

#### A. Information to be provided to a Professional Executor:

- 1) I have designated a professional executor and I regularly confirm, on an annual basis, that this person remains prepared and able to serve in this capacity. **(14.6)**
- 2) I have prepared a document that specifies the range of information the professional executor will need in the event they are called to serve in this role. This information includes:
  - a) the location of my current and past practice records. **(14.1, 14.2, 14.3, 14.4, 14.6)**
  - b) the location of any test materials (e.g., WISC-V, MMPI-2) for the purpose of safeguarding test security. **(11.16)**
  - c) if I have specific requests regarding the distribution of my tests/test materials (e.g., to another registrant), I have identified the intended recipient(s) of these materials and any financial arrangements I have made for the purchase of the materials by the recipient(s). **(11.16)**
  - d) the location of my billing and financial records so that my professional executor can check on the status of any outstanding professional billing and financial transactions, and delegate any actions in this regard. **(13.10, 14.6)**
  - e) the location of my appointment book or appointment booking computer calendar and client phone numbers. **(5.1, 5.17, 5.26, 14.6)**
  - f) my computer, email, document, and voicemail passwords as appropriate to ensure my professional executor is able to gain access to my voicemail, email, and electronic records as necessary. **(5.1, 5.17, 5.26, 13.10, 14.3, 14.4, 14.6)**
  - g) the location of the keys to my office, filing cabinets, storage facility, etc. and I have labeled the keys. **(14.1, 14.2, 14.6)**
  - h) a list of anyone necessary to help my professional executor locate and/or access, in the event of either my incapacity or my death, my client records, billing and financial records, appointment book, telephone numbers, etc., such as my personal executor, a spouse or relative, secretary, friend, and/or colleague. **(5.1, 5.17, 5.26, 13.10, 14.1, 14.2, 14.3, 14.4, 14.6)**
- 3) I keep my records up to date. **(7.19, 13.6, 13.7, 13.9, 13.10)**
- 4) I have separated my files into two groups, 'current' and 'past,' and have arranged the files alphabetically. **(13.1, 13.2, 13.3, 13.7)**
- 5) I have considered adding, on the outside of each file for ease of reference, the date the client was first seen and, if applicable, when the case was closed. I have included a face sheet within or outside the file with the client's name, phone number and current address (or last known address in the case of closed files). **(13.7)**
- 6) I have communicated to my professional executor any preferences and people I wish to be notified regarding my incapacity or death and any planned memorial service.
- 7) I have discussed with my professional executor to the extent possible how I would like my active clients notified, and if necessary and possible I have also provided suggestions for alternative resources in the event any of my clients require a referral to a new service provider and my professional executor is unfamiliar with my practice area resources. **(5.1, 5.17, 5.26)**

- 8) I have a copy of the information provided to my professional executor and have also included a copy of this information along with my personal will, and I have given copies to my lawyer if I have one. I will update this information as needed to ensure that the information remains current. **(14.6)**
- 9) I have advised the executor of my personal affairs and/or my next of kin of the identity of my professional executor and I have ensured they are aware of my professional executor's responsibility for my client files and tests/test materials in the event of my incapacity or death. **(11.16, 14.1, 14.2, 14.3, 14.4, 14.6)**
- 10) I have discussed with my professional executor any possible expenses they may incur as part of taking over responsibility for my files and other professional materials (e.g., transporting files to my professional executor's location if necessary, storage and destruction of files, etc.), and the agreed upon compensation, if any, for their time in serving as my professional executor, and I have made any financial provisions necessary in my estate planning.
- 11) I have discussed all relevant financial arrangements and agreements pertaining to my professional executor with my personal executor and/or next of kin as appropriate, and/or I have left clear written instructions as part of my estate planning.
- 12) I have made any necessary financial arrangements needed for my professional executor specifically in the event I am incapacitated, and have communicated any logistical and financial arrangements to my next of kin or other appropriate person to ensure my professional executor is able to act in the event of my incapacitation.

#### B. Information you should expect from a Registrant for whom you have agreed to serve as a professional executor.

- 1) I know the registrant(s) for whom I have been designated as their professional executor and I will inform them promptly if I am no longer willing to serve in this capacity. **(14.6)**
- 2) I have received a document from each registrant specifying the range of information I would need in the event I am called upon to serve in this role. This information includes:
  - a) the location of their current and past practice records. **(14.1, 14.2, 14.3, 14.4, 14.6)**
  - b) the location of any test materials (e.g., WISC-V, MMPI-2) for the purpose of safeguarding test security. **(11.16)**
  - c) any specific requests regarding the distribution of tests/test materials (e.g., to another registrant), the intended recipient(s) of these materials, and any financial arrangements made for the purchase of the materials by the recipient(s). **(11.16)**
  - d) the location of their billing and financial records so that I am able to check on the status of any outstanding professional billing and financial transactions, and delegate any actions in this regard. **(13.10, 14.6)**
  - e) the location of their appointment book or appointment booking computer calendar and client phone numbers. **(5.1, 5.17, 5.26, 14.6)**
  - f) their computer, email, document, and voicemail passwords to ensure I have access to their voicemail, email, and electronic records as necessary. **(5.1, 5.17, 5.26, 13.10, 14.3, 14.4, 14.6)**
  - g) the location of the keys to their office, filing cabinets, storage facility, etc. and the keys are labelled. **(14.1, 14.2, 14.6)**
  - h) a list of anyone necessary to help me locate and/or access, in the event of either the registrant's incapacity or death, client records, billing and financial records, appointment book, telephone numbers, etc. such as their personal executor, a spouse or relative, secretary, friend, and/or colleague. **(5.1, 5.17, 5.26, 13.10, 14.1, 14.2, 14.3, 14.4, 14.6)**
- 3) I have information about any preferences and people to be notified regarding the registrant's incapacity or death and any planned memorial service.
- 4) I have discussed with the registrant to the extent possible how they would like their active clients notified, and if necessary and possible we have also discussed ideas for alternative resources in the event any of the active clients require a referral to a new service provider. **(5.1, 5.17, 5.26)**
- 5) I will ensure the College has been notified of the registrant's incapacity or death and that I have assumed responsibility for their files.
- 6) I have considered any logistical and financial issues associated with serving as professional executor for each registrant in question and taken into account any specific factors that need to be considered (e.g. size of active practice, volume of files to be stored, geographical considerations, etc.), I have discussed the relevant issues with the registrant, and I am satisfied that each registrant for whom I have agreed to serve as professional executor has made the necessary provisions to address these issues in their planning, for both their incapacity and their death.
- 7) I have a document which contains the information provided to me by the person for whom I'm serving as a professional executor and I receive annual updates. **(14.6)**

## AVAILABLE ONLINE WORKSHOPS AND PRESENTATIONS

A reminder to registrants that several resources are available and free to all registrants through the registrant portal, including workshops and presentations on important topics. As we enter into the fall, registrants who are considering how to complete their CCP requirements prior to renewal are encouraged to include these workshops and presentations in their plans if they have not previously reviewed them.

### THE SELF-CARE NECESSITY

In the fall of 2020, the College sponsored two workshops entitled *The Self-Care Necessity: Understanding and Application*. Working as a psychologist can at times be challenging, demanding, and stressful. With some clients, it can even be traumatizing to the clinician. The strains and uncertainties of the current pandemic have added their own unique pressures. Self-care and the prevention of burnout are essential for every psychologist. Part I of this workshop series looks at what self-care is and why it matters, addressing the integral connection to ethical and regulatory obligations, competence, and clinical effectiveness. Risks

for both psychologists and their clients when clinician self-care is not effectively addressed are reviewed, as well as the concepts and research on distress, burnout, and vicarious traumatization. Part II of this series reviews the ethical obligation to tend to self-care, and presents ways to assess our own individual self-care needs and effectiveness, as well as specific strategies for the effective practice of self-care. Important issues such as personal and professional challenges, vulnerabilities, and blind spots that can limit our ability to effectively implement an ongoing self-care plan are addressed.



### INDIGENOUS CULTURAL SAFETY

A reminder that The Quality Assurance Committee amended the Continuing Competency Program (CCP) policy to require registrants to ensure that they are engaging in regular consideration of

Indigenous Cultural Safety and Humility issues, and to document this by identifying which activities from Sections A, B, and/or C focus on culturally safe practice in psychology.

Registrants may meet this requirement by participation in College or other workshops on Indigenous issues, including the College's half-day workshop on the topic of Indigenous Cultural Safety available free of charge and accessible through the registrant portal, taking the San'yas Indigenous Cultural Safety training available at <https://sanyas.ca/>, and by reviewing the CPBC Indigenous Cultural Safety and Humility and Anti-racism Standard and the CPBC Indigenous Cultural Safety Checklist with specific consideration of their practice.

### TRAUMA INFORMED PRACTICE

The College is pleased to make available to registrants at a modest fee of \$50 through the registrant portal the workshop *Trauma Informed Practice: Understanding the Neurological and Psychological Effects of Violence and Abuse*. The workshop provides a conceptual overview of the relevance of the neurobiology of trauma to the practice of psychology. While the information is of general application for psychologists, the session includes some specific attention to the ways in which the conceptual framework and information are specifically relevant to the lives of Indigenous peoples. The presenter is Dr. Lori Haskell, a nationally recognized expert on trauma and abuse, and on trauma informed approaches to mental health service delivery and on legal responses.

### OTHER ONLINE WORKSHOPS AND PRESENTATIONS

Two workshops offered early in the pandemic, the "Professional Practice in Disaster Response" and "Skills for Psychological Recovery" were both well received by participating registrants. Other continuing competency presentations remain available online as well, including the recent presentations, "Integrated Primary Care: Psychologists can be pivotal in addressing our current physical and mental health crisis in Canada," "Typical Aging – Is It Working For You?" and "Cultural Competency In Professional Practice." The workshop entitled "Lessons from the Past and Prepping for the New Reality" includes the accumulated wisdom of the Inquiry Committee and the translation of that wisdom into practice, including lessons learned from complaints and top tips for best practices and understanding the College's obligation to investigate complaints. Collaborative care and expectations for registrants to engage routinely and productively with other health professionals is also highlighted as part of this workshop. Completion of this workshop for the first time, including the required readings and successful completion of the post workshop quiz, will meet regular continuing competency requirements for 2022 or can be banked for next year.



NOTE: The workshop can be taken more than once if a registrant wishes to refresh their learning, but can only be used once for a full year of credit.



# NOTICE OF ELECTION AND CALL FOR NOMINATIONS FOR COLLEGE BOARD

Nominations are invited for election to the College Board. Please provide your name and registration number and insert your nominee's name and registration number with their signature consenting to stand for election on this form. Return deadline is **November 15, 2022**. The *Bylaws* which govern election to the College are listed on the next page. Please review these carefully to ensure both the nominator and nominee meet the eligibility requirements.

Eligible registrants are encouraged to become involved in the College by serving on the Board. Registrants who have served on College Committees or have other significant relevant experience are especially encouraged to run for election to the Board. The Board meets typically for a half day meeting (held on Fridays) every other month. As College Committees are chaired by Board members, potential candidates should expect a time commitment of 1 ½ days per month on average. Most Committees meet on a monthly basis. Additional time is required to read materials for Board and Committee meetings.

In addition to the formal requirements, the College promotes excellence in governance and encourages the nominations of registrants to the Board who have demonstrated commitment to the College through public service including past service on Committees or as a regulatory supervisor or oral examiner. The knowledge and experience of registrants who have worked with the College enhances the effectiveness of the Board. The College also recognizes that a diversity of professional skills, experience, and approaches is key to successful Board performance, and encourages nominations of registrants who reflect the cultural and geographical makeup and diversity of the psychology profession.

**Board Election Dates** – This Official Notice of Election has been distributed to all registrants by email. This Official Notice includes information about the nomination procedure, election procedure, and nomination forms. All nomination forms must be received by the College by 4:30pm on **November 15, 2022**. Nominated candidates that are deemed eligible will be contacted to provide a brief biography respecting their activities on behalf of the profession. Eligible registrants will receive on or before **December 2, 2022** the election materials consisting of ballot, biographies, and notice of the time and date by which ballots must be received by the College.

**Oath of Office** – *The Health Professions Act* places an obligation on all Board members to swear an Oath of Office. The text of the oath is found here: [http://www.bclaws.ca/civix/document/id/lc/statreg/275\\_2008#Schedule1](http://www.bclaws.ca/civix/document/id/lc/statreg/275_2008#Schedule1)

**Candidate Nomination Form Bylaw Requirement** – **By Order of the Minister of Health, the College *Bylaws* were amended and brought into force as of November 27, 2017. The *Bylaws* outline a nomination policy that requires candidates for nomination complete a [Candidate Questionnaire](#) and a [Conflict of Interest Disclosure Statement](#). The Registrar must make a candidate questionnaire provided by a candidate under subsection (5)(c) available for inspection by any registered psychologist registrant at all reasonable times during regular business hours, from the time the registrar declares that person a candidate for election under subsection (6) until the time and date specified in the notice under subsection (8)(c) for the purpose of assisting them in assessing the candidacy against the skills and experience that is expected of board members so that they may cast informed votes in the election. These two forms can be found in the *Bylaw* Schedule section of the College website and should be submitted along with the nomination form below.**

**Eligibility** – Only a registered psychologist registrant in good standing is eligible to vote or be elected in an election under section 17(3)(a) of the *Health Professions Act*. As defined in the *College Bylaws*, "in good standing" means, in respect of a registrant, that the registration of the registrant is not suspended under the *Act*, and there are no limits or conditions imposed on the registrant's practice of psychology under section 20(2.1) or (3), 32.2, 32.3, 33, 35, 36, 37.1, 38, 39, 39.1 of the *Act*.

## NOMINATION FORM

A registered psychologist registrant may nominate up to 2 registered psychologist registrants.

My signature below confirms that I have read all of the information on the 'Notice of Election and Call for Nominations for College Board Form'

Name of Nominator \_\_\_\_\_ Registration No. \_\_\_\_\_

Signature of Nominator \_\_\_\_\_

| Name of Nominee | Registration Number | Nominee's Signature |
|-----------------|---------------------|---------------------|
|                 |                     |                     |
|                 |                     |                     |

## COLLEGE OF PSYCHOLOGISTS OF BRITISH COLUMBIA – EXCERPT OF ELECTION BYLAWS

### 3. Election procedure

- (1) The registrar must supervise and administer all board elections and, subject to these bylaws and any board policies not inconsistent with these bylaws, may establish procedures for that purpose.
- (1.1) Subject to subsection (1.2), only a registered psychologist registrant in good standing is eligible to vote or be elected in an election under section 17(3)(a) of the Act.
- (1.2) A registered psychologist registrant is ineligible to be elected in an election under section 17(3)(a) of the Act if, at any time during the five-year period preceding the deadline for nominations for the vacant position, limits or conditions were imposed on the registrant's practice of psychology or the registration of the registrant was suspended or cancelled under section 32.2, 33, 35, 36, 37.1, 38, 39 or 39.1 of the Act, unless otherwise directed by the inquiry committee or discipline committee, as the case may be.
- (2) The registrar must notify every registered psychologist registrant of a board election by giving written notice at least 60 days before the term of office of a board member expires.
- (3) The notice under subsection (2) must contain information about the nomination procedure and the election procedure, including nomination papers.
- (4) A registered psychologist registrant in good standing may nominate not more than two registered psychologist registrants for each vacant position on the board.
- (5) A registrant making a nomination must deliver the following to the registrar at the offices of the College not later than 45 days before the term of office of a board member expires:
  - (a) the nomination papers;
  - (b) the written consent of the person nominated;
  - (c) a candidate questionnaire completed by the person nominated, in the form established in Schedule A;
  - (d) a conflict of interest disclosure statement completed by the person nominated, in the form established in Schedule A.1.
- (6) If the registrar is satisfied that a person nominated under subsection (5)
  - (a) is eligible for election,
  - (b) has been nominated within the time and as required under these bylaws,
  - (c) has given the required consent,
  - (d) has completed the required candidate questionnaire, and
  - (e) has completed the required conflict of interest disclosure statement, and has not declared any conflict of interest of such a nature as to disqualify the person from serving as a board memberthe registrar must declare that person a candidate for election.
- (7) A person declared to be a candidate for election under subsection (6) may deliver the following to the registrar within five days after the date the candidate's nomination papers were filed:
  - (a) a brief biography of the candidate;
  - (b) a brief statement concerning the candidate's contributions to the profession.
- (7.1) Information delivered by a candidate under subsection (7) must not be inconsistent with the oath of office prescribed for the purpose of section 17.11 of the Act.
- (8) Not later than 28 days before the term of office of a board member expires, the registrar must send to each registered psychologist registrant
  - (a) one election ballot,
  - (b) any information provided by a candidate as permitted in, and within the time required by, subsections (7) and (7.1), and
  - (c) notice of the time and date by which election ballots must be delivered to the offices of the College for counting.
- (9) The registrar must make a candidate questionnaire provided by a candidate under subsection (5)(c) available for inspection by any registered psychologist registrant at all reasonable times during regular business hours, from the time the registrar declares that person a candidate for election under subsection (6) until the time and date specified in the notice under subsection (8)(c).
- (10) Each registered psychologist registrant in good standing may cast one vote for each board position to be elected.
- (11) The registrar must be satisfied that each ballot is submitted by an eligible voter and that the anonymity of each voter is assured in the counting of ballots.
- (12) The candidate for election receiving the most votes on the return of the ballots is elected.
- (13) In the case of a tie vote, the registrar must select the successful candidate by random draw.
- (14) The registrar must resolve any dispute or irregularity with respect to any nomination, ballot or election.
- (15) Where the number of persons nominated is less than or equal to the number of board positions at the close of nominations, all the nominees are elected to office by acclamation.
- (16) The registrar must publish the results of the election on the College website within a reasonable period of time after the election.

### 4. Terms of office

- (1) The term of office for an elected board member is three years.
- (2) An elected board member may serve a maximum of two consecutive terms.
- (3) An elected board member may resign at any time by delivering a notice in writing to the registrar and the resignation is effective upon receipt by the registrar.

# REGISTRATION RENEWAL 2023

## A. General Requirements (see Bylaw 51)

### 1. Due Date: The following is due at the College office on or before December 31st\*:

- (a) online renewal form including signed attestation and all the information requested therein (including any updates to this information).
- (b) renewal fee paid via cheque, online payment, or money order.

*\*Online payments and forms can be completed up to and including the deadline of the 31st. We encourage all registrants to complete the payment process electronically.*

**2. Reinstatement:** The registrar must cancel the registration of a registrant who has failed to pay a renewal fee or another fee within the required time: see *Health Professions Act* s. 21 (3). Registrants should also refer to Bylaw 52(1) (c) which requires payment of any "outstanding fees, levies or debts owed to the College."

**3. Possible Disciplinary Action:** Individuals who have been removed from the Register but continue to practice will be considered in violation of the *Psychologists Regulation* and the *Code of Conduct*.

**4. Annual Certificate:** Please see Bylaw 55(4). Registrants will receive an annual registration certificate by mail at the completion of renewal. Additional copies of certificates can be requested on the renewal form, for a fee. Bylaw 55(4) requires that current certificates be prominently displayed.

## B. Fees

**1. No Late Payments:** The College can accept cheques post-dated no later than December 31 of this year. Please see *HPA* s. 21(3)(b). Online payments must be made no later than December 31st 2022. Registrants may be required to provide evidence that a request for an online payment was made on or before that date.

**2. Amount Due:** As noted above, Bylaw 51(2) paragraphs (b) and (c) require every registrant to deliver the amount of applicable fees for renewal as well as any outstanding fees, levies, or debts owed to the College in order to maintain registration. The College does not accept or provide for payment plans.

**3. Returned Cheques:** Registrants whose cheques are returned by the bank for any reason will be considered to have not paid their renewal fee. In addition, an administrative fee of \$50.00 will be charged. Registrants who fail to pay all fees owing by the deadline will have their registration cancelled as per *HPA* s.21(3)(b).

**4. Paying Online:** Registrants are invited to submit their renewal fees by using the online bill pay option of any of the following: Royal Bank of Canada, Scotiabank, Bank of Montreal, Toronto Dominion Bank/Canada Trust, HSBC, CIBC, or credit unions. Your invoice number is your four-digit registration number. Follow the instructions of your online banking program, select the College of Psychologists of BC as your payee, and print off the receipt of your payment for your records.

## C. Professional Executor

As per Bylaw 51(2)(d) Registrants are required to provide a declaration of confirmation of the appointment of a professional executor and any updated information with regard to their professional executor at renewal.

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# REGISTRATION RENEWAL 2023

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## D. Moving Into the Non-Practising Class of Registration at Renewal or Reinstating to Active Practice as of January 1st.

**1. Out of Province:** Registrants placing themselves in the Non-Practising (Out of Province) class must submit documentation of their registration/ licensure to practice psychology by a regulatory body in the other jurisdiction.

**2. Reinstating to Active Practice from Non-Practising:** Registrants who were non-practising due to medical reasons and wish to move into an active practice class must submit documentation attesting to their readiness to resume the practice of psychology.

Applicants for reinstatement will be required to submit [verification of licensure / registration](#) for any jurisdiction in which they are currently or previously registered. This includes non-practising registrants who were temporarily on parental or medical leave.

Applicants for reinstatement will be required to attest that they've been in compliance with all continuing competency program requirements for any calendar year ending between the date of their previous active registration and the date on which they are seeking to resume active practice. Out of Province registrants may meet the requirements by completing equivalent activities in their home jurisdiction. Depending on the length of time away from practice, additional information may be required regarding continuing competency activity.

In circumstances where a non-practising registrant has not fully met the continuing competency program requirements prior to reinstatement, the Registration Committee can consider reinstating the registrant to active practice as a Temporary (Supervised) registrant provided the registrant undertakes to complete any outstanding requirements and agrees to practice under supervision and in accordance with an approved plan.

Non-practising registrants should carefully plan their return to active practice by ensuring that they've fulfilled their continuing competency activities for the year(s) of inactive practice prior to the date on which they wish to return.

## E. Changes/Additions to Information on the Renewal Form

**1. Change of Register Address:** Registrants should refer to *HPA* s. 21(2) and 54(1), and Bylaw 55.3. An address for physical premises is required.

**2. Change of Address where Records are Kept or Change of Directory Address:** Registrants should indicate such changes in the space provided on the renewal form.

**3. Change of Name:** Registrants who have changed their legal name over the past year under the *Name Act* must provide the College with their full legal names for inclusion on the Register. The College may request supporting documentation. Registrants who have adopted new professional, business, or trade names, as a result of marriage or otherwise, must also provide these names to the College, exactly as spelled or punctuated in actual use.