

March 10, 2020 Board of Director Policy Decisions

At their meeting on February 29, 2020, the Board of Directors reviewed registrants' feedback on the draft recommendations to alter the College's approach to regulating dry needling:

[Recommendation 1](#)

[Recommendation 2](#)

[Recommendation 3](#)

[Recommendation 4](#)

The following decisions were made:

1. Require at least two years of recent physical therapy practice prior to using dry needling in practice.
2. Maintain a short list of programs approved as foundational programs for safe and effective dry needling practice.
 - Registrants will have to take one of these in order to perform dry needling . The list is comprised of three programs right now in order to remove the moratorium immediately; it will be reviewed in the future.
 - Registrants already confirmed by the College to use dry needling in their practice are grandfathered.
 - There are no limitations on courses that may be taken after one of these foundational programs.
3. Develop a standard of practice on dry needling.
4. Approve in principle the requirement for continuing competence in dry needling. Specific activities should be developed considering registrants' feedback and good regulatory practice.