



Evidence-Informed Practice

Applies to Physical Therapists

The College of Health and Care Professionals of BC was created on June 28, 2024 through the amalgamation of seven health regulatory colleges:

- College of Dietitians of British Columbia
- College of Occupational Therapists of British Columbia
- College of Optometrists of British Columbia
- College of Opticians of British Columbia
- College of Physical Therapists of British Columbia
- College of Psychologists of British Columbia
- College of Speech and Hearing Health Professionals of British Columbia

All current requirements for standards of clinical and ethical practice issued by the seven colleges remain in place upon amalgamation.

This document was created by the College of Physical Therapists of British Columbia and will be updated to reflect the amalgamation.

Evidence-Informed Practice



CPTBC

College of Physical Therapists
of British Columbia

STANDARD

The physical therapist engages in evidence-informed practice in all aspects of physical therapy service delivery.

EXPECTED OUTCOME

Clients can expect that the physical therapy services they receive are informed by the best available, credible evidence, the knowledge, training, and experience of the physical therapist, and the client's perspective.

PERFORMANCE EXPECTATIONS

The physical therapist:

1. Critically appraises evidence relevant to the practice setting, population served, and available assessment and treatment options before integrating evidence into practice.
2. Incorporates critically appraised physical therapy-related evidence into assessment and treatment plans.
3. Before incorporating new or emerging therapies into the physical therapy services they provide:
 - 3.1 is aware of related legislative and regulatory considerations, the evolution of the physical therapy profession, and the training, knowledge, skills, and judgment necessary to enable the new or emerging therapies;
 - 3.2 offers, or confirms that the client has received evidence-informed, best practice physical therapy approaches before offering emerging therapies that are outside of established evidence-informed physical therapy;
 - 3.3 clearly communicates with the client and others when the services proposed are emerging therapies;

RELATED STANDARDS OF PRACTICE

- Assessment, Diagnosis, Treatment
- Continuing Competence
- Informed Consent

- 3.4 advises the client of the current evidence and implications of receiving emerging therapies, including potential funding implications, and the physical therapist's training in the performance of the services proposed, obtaining informed consent for emerging therapies.
4. Integrates critical thinking and professional judgment into client-centered care, evaluating their practice in terms of client outcomes, and modifying approaches based on this self-reflective process.
5. Does not promote misinformation, including but not limited to, promotional activities related to treatment options or products that are not grounded in scientific, peer reviewed and physiologically plausible evidence.