Resources for Telerehabilitation Success

STEP 1:
Get ready

✓ CPTBC Telerehabilitation Guide (regulatory considerations & requirements)

✓ PABC Virtual Care Toolkit *includes PTs' frequently asked questions

✓ PABC Implementation Checklist

STEP 2:
Make it informed, safe, private and secure

✓ Consent considerations (pages 6-8 in Virtual Care Toolkit)

✓ Informed consent for PT treatment (College Consent Booklet)

✓ Privacy and security considerations (page 9 in Virtual Care Toolkit)

✓ Differences between telehealth and non-telehealth tools

STEP 3:
Make it happen

✓ Consider your abilities; choose appropriate clients (page 10 in Virtual Care Toolkit)

✓ College Standards apply for in-person and virtual PT services, including Client Assessment, Diagnosis, Interventions

✓ Pre-visit review clinician quick guide for virtual physiotherapy care

✓ **More questions?** Watch PABC/CPTBC virtual care webinar

STEP 4:
Make it even better

✓ WCPT/INPTRA Digital Physical Therapy Practice Task Force guidelines include monitoring and evaluating effectiveness of digital solutions

✓ Evaluating Telehealth Visits includes assessing satisfaction, experience, technical quality, usefulness, effect on interaction, and effectiveness

✓ CPTBC webinar on how to foster a therapeutic relationship and providing value in a virtual setting

✓ PABC 2020/2021 webinar series to support innovative, practical, and effective virtual care

✓ More telehealth educational resources

CPTBC College of Physical Therapists of British Columbia

PHYSIOTHERAPY ASSOCIATION OF BRITISH COLUMBIA

*Telerehabilitation: is used to straddle the terms related to remote care provided by physical therapists e.g. telehealth, virtual health, digital practice, etc.