

Public Notice

Registrant: Sarah Patrick, Registered Psychologist

Location: Chilliwack, BC

Effective Date: May 31, 2025

Update: At the Registrant's request, the Panel reviewed the Undertaking and Consent Agreement ("the Undertaking") on January 28, 2026. The Panel confirmed that the Registrant has met the requirements of the Undertaking with the exception of those relating to autism spectrum disorder ("ASD") assessments. The Panel noted that the Registrant does not currently conduct ASD assessments as part of her practice. The Panel agreed that the application of the requirements relating to the conduct of ASD will be deferred until such time as the Registrant decides to resume practice in this area.

Nature of Action:

On July 11, 2024, Dr. Sarah Patrick, Registered Psychologist (the "Registrant") entered into an Undertaking and Consent Agreement (the "Undertaking") pursuant to s. 33(6)(c) and 36(1)(d) of the *Health Professions Act* (the "Act"), placing conditions on her practice of psychology.

The Undertaking placed the Registrant's practice under supervision for 3-6 months, with the option to extend the supervision period to a maximum of 12 months at the supervisor's discretion. The supervision will primarily cover her assessment practice and focus on clinical activities, review of referrals, and record-keeping practices, and adherence to professional standards in assessment and reporting.

The Registrant also agreed that she would not supervise new students until the supervisor confirms her readiness and capacity to do so. In particular, the Registrant agreed to refrain from conducting or supervising assessments for autism spectrum disorder until the supervisor confirms her readiness to do so, and then to complete such assessments under supervision for 12 months.

Reasons for the Action:

The CPBC received two written complaints against the Registrant relating to assessment reports that she had co-signed with non-registrants. The complaints raised concerns that the Registrant did not follow standard practice, including with respect to obtaining and documenting consent, conducting assessment for autism spectrum disorder, administering tests in accordance with standard procedure, interpreting and reporting results and discrepancies, providing clear rationale for diagnoses, and making appropriate recommendations.

As the assessments in both complaints were completed under the Registrant's supervision, the Inquiry Committee raised further concerns that the Registrant failed to provide sufficient oversight to colleagues in her supervisory role and at times lacked awareness of her own knowledge limitations.

During the investigation, the Registrant agreed to practice in consultation with a CPBC appointed consultant in relation to all assessments of children and adolescents. The consultant regularly reported to the CPBC and indicated that the Registrant had made improvements toward addressing the concerns identified. The consultant recommended an additional period of supervision so that the Registrant may further develop certain skills across a wider breadth of scenarios. The Inquiry Committee was therefore satisfied that a period of supervised practice with focus on practice aspects identified by the consultant was appropriate to address the issues arising in this investigation.