Type: Undertakings

Registrant: Dr. Katherine Kot (Former Registrant No. 1440)
Date: August 15, 2019
Status: Incomplete (Update – See October 19, 2020 Public Notice)

Nature of Action: The Registrant agreed to an Undertaking and Consent Agreement requested by the Inquiry Committee under section 36(1) of the *Health Professions Act* placing conditions on her practice. The Registrant agreed to meet with a Supervisor selected by the College to review the following issues: (a) Obtaining fully informed consent at the outset of services and at any time that there is a change in the treatment plan or nature of services provided. This includes providing an accurate explanation of treatment options available for the client's presenting condition and the associated empirical basis for that treatment; (b) Understanding the professional literature with regard to empirically supported treatments; (c) Providing clients with the most efficacious treatment for their presenting concerns before offering an alternative treatment which lacks sufficient empirical basis; (d) Appropriate processing of interpersonal events within the therapeutic relationship; (e) Making referrals to another resource when for any reason it is in the client's best interests; (f) Understanding client expectations and providing services that are appropriate to the client's needs; (g) Appropriate termination of the therapeutic relationship; (h) Administrative procedures with regard to scheduling, invoicing, and payment; (i) Only providing services that are within one's area of expertise; and (j) Professionalism. The Registrant also agreed to comply with the Supervisor's directions regarding her provision of psychological services, to write a letter of apology to the Complainant, and to pay costs related to the supervision.
Reason: An adult who saw the Registrant for counselling raised concerns regarding the Registrant's informed consent process, therapeutic skills, administrative procedures, professionalism, billing practices, provision of adequate psychological services, and feeling pressured into joining other therapeutic programs. During the Inquiry Committee's investigation, additional concerns were raised that the Respondent was recommending and providing treatments for which there is insufficient empirical basis and for conditions where there are other established and empirically supported treatments available. The Inquiry Committee requested the Registrant's agreement to the terms of her Undertaking and Consent Agreement to address these concerns.
All public notifications pertaining to this registrant can be viewed in public notice.

Type: Notice of Resignation While Undertaking in Effect

Registrant: Dr. Katherine Kot (Former Registrant No. 1440)
Date: October 19, 2020
Update: Prior to satisfactory completion of the supervision period required by the Registrant's Undertaking and Consent Agreement, the Registrant requested the voluntary cancellation of her registration under section 21(3)(a) of the Health Professions Act, and her registration was cancelled effective October 19, 2020, in accordance with that request.
As a result of the cancellation of the Registrant's registration, she is restricted from using the professional titles "psychologist" and "registered psychologist" to describe her work in British Columbia, or from otherwise stating or implying that she is a registrant of the College of Psychologists of BC or associated with the College.

All public notifications pertaining to this registrant can be viewed in public notice